

## Proclamation

WHEREAS, The use of illegal drugs and the abuse of alcohol and nicotine constitute the

greatest threats to the well-being of America's children; and

WHEREAS, surveys conducted by the National Center on Addiction and Substance Abuse

(CASA) at Columbia University have consistently found that more often children and teenagers who eat dinner with their families are less likely to

smoke, drink and use illegal drugs; and

WHEREAS, teenagers who virtually never eat dinner with their families are 72 percent more

likely than the average teen to use illegal drugs, alcohol and cigarettes; and

WHEREAS, teenagers who almost always eat dinner with their families are 31 percent less

likely than the average teenager to use illegal drugs, alcohol and cigarettes; and

WHEREAS, the correlation between family dinners and reduced risk for teen substance

abuse are well documented; and

WHEREAS, parental influence is known to be one of the most crucial factors in determining

the likelihood of substance abuse by teenagers; and

WHEREAS, family dinners have long constituted a substantial pillar of family life in

NOW, THEREFORE, I, Kathleen Babineaux Blanco, Governor of the state of Louisiana, do hereby proclaim September 26, 2005, as

## FAMILY DAY - A DAY TO EAT DINNER WITH YOUR CHILDREN

in the state of Louisiana, and urge all citizens to recognize and participate in the observance.

Attest By

In Wilness Whereof, I have hereunto set my hand officially and caused to be affixed the Great Seal of the State of Louisiana, at the Capitol, in the City of Baton Rouge, on this

9th

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Governor of Louisiana